

Your Three Week Menu

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Beef/Vegetarian Meatballs, Mashed Potato & Gravy and Seasonal Vegetables	Beef/Quorn Lasagne served with Garlic Bread and Seasonal Vegetables	Roast Chicken/Quorn with Roast/Mashed Potatoes, Gravy and Seasonal Vegetables	Chicken/Quorn Korma Curry with Rice, Naan Bread and Seasonal Vegetables	Fish Star (MSC)/Vegetable Bake served with Chips and Peas or Baked Beans
Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans
Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna or Cheese Sandwich
Ice Cream and Fruit	Chocolate Crunch	Trio of Melon	Strawberry Ice Cream Cake	Butterscotch Biscuit

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Pork/Quorn Sausage with Mashed Potatoes, Seasonal Vegetables & Gravy	Cheese and Tomato Pasta Garlic Bread and Seasonal Vegetables	Beef/Quorn Cottage Pie with Seasonal Vegetables	Chinese Chicken/Quorn, Rice and Seasonal Vegetables	Cheese and Tomato Pizza with Chips and Peas or Baked Beans
Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans
Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Cheese or Tuna Sandwich
Fruit Crumble & Custard	Chocolate & Orange Biscuit	Fresh Melon Wedge	Lemon Drizzle Cake	Oat Nobbly Biscuit

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Beef/Veggie Burger in a Bun with Potato Wedges, Seasonal Vegetables or Baked Beans	Beef/Quorn Spaghetti Bolognese with Garlic Bread and Seasonal Vegetables	Honey Roast Gammon/Quorn Fillet served with Roast/Mashed Potatoes, Seasonal Vegetables & Gravy	BBQ Chicken/Quorn served with Savoury Rice, and Seasonal Vegetables	Battered Fish (MSC) Vegetable Bake with Chips and Peas or Baked Beans
Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans
Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Cheese or Tuna Sandwich
Banoffee Muffin	Chocolate Cookie	Fresh Fruit Salad	Jam & Custard Biscuit	Melting Moment

Available every day – Unlimited Salad, Freshly Baked Bread, Fruit Yoghurt, Fresh Fruit Platter, and Chilled Water.
For allergen information, please ask one of the Catering Team.