



Yma yn y Gwersyll mae amrywiaeth eang o offer technegol arbenigol ar gael i'w fenthyg yn ystod eich cwrs. Mae'r offer sydd ar gael yn cynnwys esgidiau cerdded, dillad glaw, sachau cario, siwtiau gwlyb a'r hoff offer diogelwch sydd angen ar gyfer pob gweithgaredd. Os oes gennych offer technegol personol mae croeso i chi ddod a'r eitemau yma gyda chi.

- 2 pâr o dreiniyrs (1 pâr ar gyfer gwithgareddau dwr)
- 2 pâr o drowsus cynnes (dim jîns)
- 2/3 top cynnes (fleece os yn bosib)
- 2/3 crys T
- Digon o ddillad cynnes
- Gwisg/shorts nofio
- Tywel
- Het a menig cynnes (gaeaf)
- Dillad glaw os oes gennych (Mae dillad galw ar gael yma yn y Gwersyll)
- Sach gysgu
- Offer ymolchi
- Potel ddŵr
- Bag Bin ar gyfer dillad gwlyb
- Esgidiau Cerdedd (dim ond os yn mynchu cwrs mynydda/cerdded)
- Botel dwr
- Papur a beiro – cyrsiau academaidd yn unig
- Eli haul – Gwanwyn/Haf

We have a variety of technical equipment that is available to all customers on loan if required. The equipment we have includes waterproof clothing, walking boots, rucksack and all safety equipment required for all activities. If you have any technical clothing, you are welcome to bring it with you.

- 2 Pairs of trainers (1 pair for water activities)
- 2 pairs of trousers (no denim)
- 2/3 fleece tops or jumpers
- 2/3 T-shirts
- Plenty of warm clothes
- swimwear
- Towel
- hat and gloves (winter)
- waterproof clothing if you have a set (Waterproofs are available at the centre)
- sleeping bag
- toiletries
- water bottle
- Bin bag for wet clothing
- Walking boots (only if you are on a course mountaineering/walking)
- Water Bottle
- Pen Paper – Academic courses only
- Sun cream – Spring/Summer

Rhaid cofio bod y gweithgareddau yn debygol o fod yn galed ar ddillad
You must remember that the activities are hard on clothing